

elcome

## INFORMATION FOR YOUR FIRST VISIT OFFICE NUMBER: (602) 232-6066

## APPOINTMENT DATE: \_ APPOINTMENT TIME: \_ NOTES: \_\_\_\_\_

### **APPOINTMENT LOCATION:**



#### PREPARING FOR YOUR FIRST APPOINTMENT

If you are having symptoms of retinal disease, it is important to be evaluated and treated in a timely manner. However, retinal diseases may also be present even though there are not yet any symptoms or vision loss. If your primary eye care provider has recommended that you see a retina specialist, it is important to complete the first appointment and follow-up appointments as recommended in order to prevent vision loss. Retinal diseases can be due to many reasons, including aging, diabetes, autoimmune or inflammatory diseases, trauma to the eye, or family history.

To check and monitor retinal disease, an eye exam with dilation is necessary. Dilation of the eyes will take 30-45 minutes, and will also affect your vision after the appointment for several hours. If possible, a family member or friend should accompany you to the appointment to drive you home afterward.

A thorough retinal evaluation with diagnostic testing, if indicated, will be performed at your first appointment. In some cases, we may recommend treatment on the same day. Because of this, some visits may be lengthier than others. Overall, your first appointment can last up to 3 hours.

#### WHAT TO BRING TO YOUR FIRST APPOINTMENT

A ride home, as your eyes will be dilated A current list of medications and dosages Your insurance card Photo ID

# WHO WE ARE & HOW WE CAN HELP



Ramin Schadlu, MD Diplomate, American Board of Ophthalmology Diseases and Surgery of the Retina & Vitreous



Anita Prasad, MD Diplomate, American Board of Ophthalmology Uveitis & Ocular Inflammation



Shabari Seetharam, MD Diplomate, American Board of Ophthalmology Diseases and Surgery of the Retina & Vitreous Diseases and Treatment of the Retina & Vitreous

#### WHO WE ARE

Arizona Retina & Vitreous Consultants has extensive expertise in the medical and surgical treatment of retinal diseases, including macular degeneration, diabetic retinopathy, retinal detachment, and ocular inflammation. All physicians in our practice have been extensively trained at premier institutions. Our practice offers highly skilled vitreoretinal surgery, as well as astute clinical diagnosis and tailored treatment plans. We are our patients' advocates in preventing, reversing, or slowing vision loss.

#### MAKING A DIFFERENCE IN OUR COMMUNITY

Our goal is to effectively treat as many members of our community as possible in order to make a positive and meaningful difference in the lives of our patients and their families. It is our primary mission to prevent or halt eye disease and, in doing so, play a part in enriching lives in our community.

#### COMPASSION FOR PATIENTS AND FAMILIES

Our compassion for each and every one of our patients drives the work we do every day. We understand that retinal diseases have a big impact not only on our patients' lives, but also on the day-to-day lives of their families. Our physicians and staff strive to treat our patients and their families as we would want our own families to be treated.

#### WE CAN HELP

Our doctors and staff are committed to providing complete and thorough care with compassion, efficiency, and effectiveness. We will spend time with our patients and their families to discuss their diagnosis, as well as the best treatment options personalized for them. We offer Spanish language consultations as well. We are happy to answer any questions to help our patients understand their conditions. Our goal is to make your visit to Arizona Retina & Vitreous Consultants as beneficial and comfortable as possible. We have 4 valley locations to ease the burden of travel.

#### LET'S DEFEAT BLINDNESS TOGETHER

Everyday, our Doctors apply their years of expertise, advanced medical technology, and their passion to prevent and halt serious eye disease to our patients' benefit. We strive to offer each patient an individualized and personal approach to their eye disease. We believe that through our relationships with our patients and our community, we can help defeat blindness.

We look forward to seeing you

FOR MORE INFO PLEASE DO NOT HESITATE TO CALL US OR VISIT: MyRetinaSpecialist.com